

AdiRUNdack Trail Series
Race 3 - May 16, 2023
Glens Falls, NY

Place	Name	Ag	S	City	St	No.	Time	Pace
1	Matthew Brown	23	M	Minerva	NY	406	17:37	5:41
2	Nathan Laing	28	M	Schenectady	NY	301	18:49	6:04
3	Joe Porter	42	M	Lake George	NY	457	20:25	6:35
4	Jeff Sullivan	60	M	Glens Falls	NY	471	20:54	6:44
5	Emily McCarthy	39	F	Queensbury	NY	449	21:00	6:46
6	Andrew McCarty	39	M	Queensbury	NY	450	21:00	6:46
7	Kevin Karashay	37	M	Glens Falls	NY	436	21:01	6:46
8	Tim Bardin	61	M	Queensbury	NY	402	21:03	6:47
9	Justine Trybendis	40	F	Glens Falls	NY	315	21:13	6:50
10	Amy McLean	26	F	Queensbury	NY	452	21:33	6:57
11	Gina Davis	31	F	Queensbury	NY	483	21:53	7:03
12	Megan Doster	27	F	Queensbury	NY	423	21:58	7:05
13	Andrew Snell	49	M	Queensbury	NY	486	22:10	7:08
14	William Mohr Jr	53	M	Ballston Sp	NY	480	22:53	7:22
15	susan Demos	56	F	queensbury	NY	422	23:34	7:36
16	Nick Demos	58	M	queensbury	NY	421	24:08	7:46
17	Jennifer Ferriss	51	F	Saratoga Sp	NY	425	24:19	7:50
18	william mcgivney	60	M	Diamond Poi	NY	308	24:32	7:54
19	Lee Pollock	70	M	Queensbury	NY	482	24:39	7:57
20	Pamela Delsignore	53	F	South Glens	NY	420	24:40	7:57
21	Matthew Scott	49	M	Lake George	NY	468	24:47	7:59
22	Cristina Marchese	38	F	Queensbury	NY	445	25:15	8:08
23	Tracey Delaney	58	F	Queensbury	NY	419	25:21	8:10
24	Jennifer Erin Ferriss	50	F	Schuylervil	NY	424	25:52	8:20
25	Finn McCart	11	M	Glens Falls	NY	447	25:58	8:22
26	Ben Harrington	35	M	Indian Lake	NY	495	26:11	8:26
27	Susan Keely	58	F	Glens Falls	NY	437	26:23	8:30
28	Mark Sager	72	M	Glens Falls	NY	466	26:28	8:32
29	Kyle Matyac	32	M	Fort Edward	NY	446	26:45	8:37
30	Vince Fiori	56	M	HALFMOON	NY	426	27:00	8:42
31	James Goodspeed	72	M	Queensbury	NY	489	27:00	8:42
32	Daniel Larson	71	M	Queensbury	NY	441	27:29	8:51
33	Raymond Ruby	55	M	Moreau	NY	465	27:43	8:56
34	Lisa White	56	F	Queensbury	NY	475	27:49	8:58
35	Patrick Rowley	57	M	Glens Falls	NY	464	27:50	8:58
36	Anna Luckow	11	F	Glens Falls	NY	493	28:04	9:03
37	William Mohr	14	M	Ballston Sp	NY	479	28:56	9:19
38	Carol Bodette	54	F	Lake George	NY	405	29:10	9:24
39	Lauren Mohr	12	F	Ballston Sp	NY	478	29:16	9:26
40	Regina Roden	32	F	Diamond Poi	NY	302	29:35	9:32
41	Liz DaBramo	29	F	Fort Edward	NY	417	29:38	9:33
42	Matthew Miczek	51	M	Saratoga Sp	NY	453	29:57	9:39
43	Beth Portuese	41	F	Queensbury	NY	316	30:55	9:58

44	David Judkins	66	M	Queensbury	NY	314	31:15	10:04
45	Lydia Kramer	11	F	Glens Falls	NY	438	31:56	10:17
46	Mallory Cosh	12	F	Queensbury	NY	416	32:12	10:22
47	Mark Schachner	68	M	Lake George	NY	467	32:13	10:23
48	Kelly McCart	46	F	Glens Falls	NY	448	32:19	10:25
49	Jill Pederson	72	F	Lake George	NY	456	32:21	10:25
50	Abbey Debenedetti	40	F	Gansevoort	NY	418	32:53	10:36

AdiRUNdack Trail Series
Race 3 - May 16, 2023
Glens Falls, NY

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	=====	=====	=====
51	Stacy Hine	42	F	Ballston Sp	NY	430	33:26	10:46
52	Brynn Bethel	12	F	QUEENSBURY	NY	403	34:24	11:05
53	Jamie Howard	57	M	Philmont	NY	434	35:00	11:16
54	John Caffry	64	M	Glens Falls	NY	408	37:13	11:59
55	Regina Grabbe	10	F	Glens Falls	NY	307	37:44	12:09
56	Brian Teague	64	M	Wilton	NY	472	38:57	12:33
57	Terri Butkowski	53	F	Lake George	NY	407	39:33	12:44
58	Steve Obermayer	61	M	Burnt Hills	NY	497	39:35	12:45
59	Kathleen Tersigni	51	F	Burnt Hill	NY	496	39:36	12:45
60	jim Moore	83	M	Niskayuna	NY	313	40:51	13:10
61	Lisa Grabbe	41	F	Glens Falls	NY	312	41:05	13:14
62	Jacqueline Stroffolino	38	F	Glens Falls	NY	470	42:51	13:48
63	Laura Clark	76	F	Saratoga Sp	NY	412	45:51	14:46
64	Ernie Paquin	76	M	Saratoga Sp	NY	455	45:51	14:46
65	Raymond Lee, Jr.	81	M	Halfmoon	NY	442	48:20	15:34

