

Polar Cap Run
4 Mile Race
Lake George, NY
2/1/2020
Results by Do Right Timing

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1	EMILY BRYANS	52 DELANSON	NY	26:38
2	Kerri Thomas	44 Middle Granvill	NY	29:12
3	Darci LaFave	52 Lake Placid	NY	30:07

Record 0:24:02 by Jennifer Fazioli in 1998

***** MALE OVERALL RESULTS *****

1	GREG ETHIER	46 CLIFTON PARK	NY	25:02
2	Jordan Ryan	36 Cohoes	NY	25:39
3	Timothy Bardin	58 QUEENSBURY	NY	26:03

Record 0:20:29 by Chuck Terry in 2006

MALE AGE GROUP: 1 - 19

1	107 Jackson Miller	06 Granville	NY	44:25
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FEMALE AGE GROUP: 1 - 19

MALE AGE GROUP: 20 - 29

1	8 Jospheh Roth	23 Watkins Glen	NY	28:14
2	9 Zachary Jerard	25 Scotia	NY	28:21
3	10 Kyle Antognioni	26 QUEENSBURY	NY	28:27

FEMALE AGE GROUP: 20 - 29

1	50 Casey Frankoski	24 Rjensselaer	NY	35:10
2	66 Jaclyn Gamache	28 Hinesburg	VT	36:47
3	74 Sydney Dennison	22 QUEENSBURY	NY	38:10

MALE AGE GROUP: 30 - 34

1	14 Jeremy Frye	31 Queensbury	NY	29:20
2	26 Brad Hamilton	31		32:01
3	30 Kevin Karashay	34 Saugerties	NY	32:41

FEMALE AGE GROUP: 30 - 34

1	33 Brittany Redman	32		33:05
2	51 Lindsey Johnston	31 RUTLAND	VT	35:16
3	85 Leslie Appling	30 whitehall	NY	39:02

MALE AGE GROUP: 35 - 39

1	5 Jason Bull	38 Glenville	NY	27:14
2	6 Joe Porter	38 Lake George	NY	27:33
3	76 Andrew Morrison	39 Lake George	NY	38:17

FEMALE AGE GROUP: 35 - 39

1	41 Katie Gifford	38 Gloversville	NY	33:59
2	49 Shea Imhof	39 Cambridge	NY	34:57
3	64 Laura Bull	38		36:20

MALE AGE GROUP: 40 - 44

1	18 Milo Gifford	43 Gloversville	NY	30:27
2	40 Zak Hill	44 Saratoga Spring	NY	33:57
3	126 JOSH DIPIERRO	44 CHERRY PLAIN	NY	48:35

FEMALE AGE GROUP: 40 - 44

1	79 Megan Adams	42 SALEM	NY	38:35
2	95 Alexandria Dery Sni	40 Cambridge	NY	40:40
3	97 Casey Burns	41 QUEENSBURY	NY	41:21

MALE AGE GROUP: 45 - 49

1	12 John Sullivan	48 Albany	NY	29:00
2	35 Jerry Blackbird	45 Glens Falls	NY	33:09
3	80 JASON DIPIERRO	45 CHERRY PLAIN	NY	38:36

FEMALE AGE GROUP: 45 - 49

1	19 KAREN LINENDOLL	48 HUDSON FALLS	NY	30:32
2	31 JANE LABOMBARD	46 GLENS FALLS	NY	32:45
3	67 Mandy Mayer	45 West Rupert	VT	36:54

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		MALE AGE GROUP: 50 - 54			
1	11	Rob Sheetel	51 Troy	NY	28:53
2	16	David Smith	50 Lake Placid	NY	29:51
3	21	Michael Fosmire	51 Fort Edward	NY	31:53
		FEMALE AGE GROUP: 50 - 54			
1	20	PATTY MOORE	53 QUEENSBURY	NY	30:38
2	69	Jill Frankoski	51 Rensselaer	NY	37:37
3	75	Christine Cifone-Cl	51 GLENS FALLS	NY	38:16
		MALE AGE GROUP: 55 - 59			
1	7	SAM MERCADO	57 ALBANY	NY	27:40
2	38	Mike Langevin	55 ALBANY	NY	33:24
3	48	Patrick Connors	56 Saratoga Springs	NY	34:56
		FEMALE AGE GROUP: 55 - 59			
1	45	Janice Phoenix	58 SCHENECTADY	NY	34:46
2	53	Susan Coyner	56 GLENS FALLS	NY	35:45
3	113	Karla Conway	56 MIDDLE GROVE	NY	45:51
		MALE AGE GROUP: 60 - 64			
1	29	ROY MOWREY	61 GLOVERSVILLE	NY	32:15
2	37	Robert Morganson	62 lake placid	NY	33:13
3	42	VINCE JULIANO	62 DELANSON	NY	34:17
		FEMALE AGE GROUP: 60 - 64			
1	43	SANDY ADAMS	60 SHUSHAN	NY	34:18
2	52	Laurie Anderson	61 Queensbury	NY	35:23
3	104	Carol Ann Elze-Suss	62 Diamond Point	NY	43:08
		MALE AGE GROUP: 65 - 69			
1	28	Roy Kline	67 Queensbury	NY	32:09
2	36	MARK SAGER	69 GLENS FALLS	NY	33:11
3	44	Mark Schachner	65 Lake George	NY	34:38
		FEMALE AGE GROUP: 65 - 69			
1	70	Jill Pederson	69 Lake George	NY	37:46
2	72	Darlene Cardillo	66 Delmar	NY	37:55
3	100	SUZANNE NEALON	69 GLENS FALLS	NY	42:13
		MALE AGE GROUP: 70 - 74			
1	103	Bob Howe	72 Barre	VT	42:39
2	108	Don Van wely	70 Adirondack	NY	44:31
3	127	Rick Ebel	70 Vergennes	VT	49:19
		FEMALE AGE GROUP: 70 - 74			
1	122	CANDI SCHERMERHORN	73 DIAMOND POINT	NY	48:11
2	133	CATHY BISS	72 QUEENSBURY	NY	51:25
		MALE AGE GROUP: 75 - 79			
1	88	James Callahan	75 SARATOGA SPGS	NY	39:42
2	106	EDDIE MUNOZ	77 OLMSTEDVILLE	NY	44:23
3	135	RAY LEE Jr.	77 HALFMOON	NY	55:46
		FEMALE AGE GROUP: 75 - 79			
		MALE AGE GROUP: 80 - 99			
1	139	JOE KELLY	86 MENANDS	NY	1:00:13