

Cerveza Shuffle 10K  
 August 13, 2022  
 Saratoga Springs, NY  
 Results by Do Right Timing

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS FOR 10K RACE \*\*\*\*\*

1 Meghan McGrath 35 Ballston Lake NY 56:21

\*\*\*\*\* MALE OVERALL RESULTS FOR 10K RACE \*\*\*\*\*

1 Brogan LaRose 20 Ogdensburg NY 39:57

FEMALE AGE GROUP: 01 - 14

MALE AGE GROUP: 01 - 14

FEMALE AGE GROUP: 15 - 19

MALE AGE GROUP: 15 - 19

FEMALE AGE GROUP: 20 - 29

1 108 Amy Engelmann 26 Guilderland NY 1:03:05

MALE AGE GROUP: 20 - 29

1 98 Kevin Lahm 23 55:14

FEMALE AGE GROUP: 30 - 39

1 103 Alexandra Poetzsch 32 SARATOGA SPGS NY 1:00:48

MALE AGE GROUP: 30 - 39

1 70 Zachary Dodge 33 Ogdensburg NY 40:19

FEMALE AGE GROUP: 40 - 49

1 102 Lisa Grabbe 40 Glens Falls NY 1:00:02

MALE AGE GROUP: 40 - 49

1 76 Eric Kania 46 HOWELL NJ 43:22

FEMALE AGE GROUP: 50 - 59

1 105 Ann Holland 56 BALLSTON SPA NY 1:02:03

MALE AGE GROUP: 50 - 59

1 82 Gary Harper 53 Moreau NY 47:37

FEMALE AGE GROUP: 60 - 69

1 109 Jess Shelgren 60 Te Awamutu WK 1:03:19

MALE AGE GROUP: 60 - 69

1 80 Jim Allott 63 Potsdam NY 45:26

FEMALE AGE GROUP: 70 - 99

1 123 Judiann Stern 75 SARATOGA SPGS NY 1:32:05

MALE AGE GROUP: 70 - 99

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